

A Case Study

Client Background:

A talented, educated, accomplished woman in her 40's who came to the LifePlan process needing to rebuild her life. She had lost everything: family, marriage, home, church, friends, material possessions, daughter, position, reputation, health. The pain and loss blocked her from seeing purpose in it all – nor God's purpose for her going forward.

LifePlan Experience:

Through the LifePlan process, she was greatly encouraged and re-energized to see how 1) God had endowed her with a wonderful "package" of gifts, skills and strengths; 2) He indeed had been with her all along – through every season of her life – even her lowest low; 3) Her passions were His passions – He intentionally placed those hearts' desires in her to accomplish His purposes; and 4) He had orchestrated many "sneak previews" or glimpses throughout her life to lead her to the unique purpose He has for her: *The intersection of her passions and strengths with God's master purposes.*

Results So Far:

Through the Action Plan we developed at the outset of the process, she was able to leave with renewed confidence in her God-given passions and strengths, as well as encouragement, hope, and energy. In the 2 years following her LifePlan facilitation, she was able to walk out a large majority of her Action Plan, resulting in:

- Founding her own nonprofit organization
- Being a contributing author of a book
- Having her own book published
- Reengaging in her former consulting career
- Expanding the number of public speaking engagements
- Rebuilding the social and relational aspects of her life
- Renewed health
- A fullness of life she had not experienced previously